



WHISPERS OF THE HEART

Poems

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Whispers of the Heart



“Never under underestimate the value of
a simple thought”- Steven Pimentel"

Whispers of the Heart



You win.
I loved.
And I fell.
Deeper and deeper,
Now I can't unlove you.
But that's okay.
I was too much, I get it.
But you were more than enough
We promised until my last breath
But now we just ripped each other apart.
You ran away from me,
All for me to run back to you.
What an odd thing,
Watching our lives entangled,
Then exist in two different worlds
Maybe we were just rusted metal dipped
In mere gold.
So in the end,
You win.
I can't unlove you.

Whispers of the Heart



No more good morning messages
No more falling asleep together
No more waking up together
No more late night talks
No more expected calls
No more texts
No more kisses
No more 'I love you'
Just strangers,
Ones with lots of memories.

Whispers of the Heart



Just because one person couldn't love you,
The way you are meant to be loved
Doesn't mean you are unlovable.
It just means they weren't your person,
The right person will long for you
Burn for you and desire you in the most selfless ways
If Loving you was the only right thing they ever did
Then giving their heart to you
Means you have met your equal.

Whispers of the Heart



Sex means nothing to me
I promise.
In fact I could go forever without it.
To be intimate,
Is to stimulate my mind, body and soul
Touch me in those ways
And I will never forget you.
Don't tell me how hot I look naked
Tell me how you find my heart
And mind, an exceptional work of art.
I promise,
That is what stimulates me.
Sex is a drug that I can then offer,
For I am already stimulated from the
Words that sent a thrill through my veins.

Whispers of the Heart



I broke my heart loving you.
I replayed every moment,
Every day, of every night
Wondering what I did wrong.
Maybe if I had held my tongue.
Maybe if I didn't ask for you to do better.
Then I could still have you,
But you're gone.
It was so easy for you to leave.
Now I lay awake at night,
Hoping tomorrow, maybe, just maybe
That I wouldn't miss you.

Whispers of the Heart



One day your love will be matched
You won't see it coming but it will near
It will be everything you need and more,

So all the tears you spent crying on that one heart
Will be worth it for that one in a million
You won't be on your knees begging,
For the stars among you will shine brighter

That love will carry you across many oceans
Lift you from the weighing burden
And release you from your heavy Sorrow

Your heart and mind will mean something to someone
They will hold you with a tender and inspired touch

You won't have to give up your sanity and peace
Your Divine presence will mean the world to them
There won't be any empty promises, and apologies
All there will be is someone who values you

So wait. Keep walking. Just walk.
And trust that one day, a love that is flawed but
unconditional,
Will love you, even when you are not strong enough to do
so.

Whispers of the Heart



He will undress your every secret
He will tell you exactly what you want to hear
He will mark a spot on your heart

But after his words have betrayed you, he will be gone
And after his presence no longer lingers, he will have drifted
further
And after all the damage is done, he will not be there to pick
the pieces like he promised
And after the love you gave him, no longer means anything,
he will not lay with you

He will not change
He will not want you even when you forgive him
He will become used to your commitment
He will no longer see you for you

So let go of what breaks you
Let go of what discomfort surrounds you
Let go of the sadness that burdens you
Let go of the heaviness that fills you

Because you will forever be trapped in his reality
For me it was too late.
For you, it starts with now.

Whispers of the Heart



After all the tears were shed, and the bruises shared
I wonder how foolish it was for me to stay
Through my eyes I missed every red flag
Because love was supposed to conquer all,
Right?

Love is fair with all of its wins and defeats
Every heartbreak only breaks your perception of love,
I know.
I know it hurts. I know you love them. I know you believe it
will get better.

But to what end? When they break you more until there's
nothing left to break
When there's nothing but a body used for his own pleasure
when you only hoped for more
When the bruises have stained your skin and heart
What will there be left to give?

I wished I had listened when they told me to leave
How could I have been the one to believe the white lies?
My mom taught me to be stronger. My dad raised me braver
than that.

But He....He tore all of that apart with a stolen kiss.

Don't be me. Don't be the girl that believed in a fairytale
with a beast.

Whispers of the Heart



And just like that, we collided as one
He was the sun that reflected a million stars
And I was the moon who glowed under his light
Like the eclipse, we became an impossible love
Rarely meeting eye to eye but always shining
When it's time
If every last star time, I hope you are the one that remains
Because what's the moon without its sun?
You, like the sun is always shining
Like a golden coin in the limitless sky
And becoming the moon, I was the silver light
Tossed into the velvet darkness
And so I let you shine
Because even without light, you are everything
As you begin to glow inside my chest
Echoing love from eyes
I basked in your warmth, looking at me like I'm your moon
Never complained, never hide, even in
Frustration, it never died
Even if one day i join the moon in the sky
I would tell the sun about you
And it will then radiate once again and no longer alone
Together we illuminate a brighter tomorrow
Even in the darkest hours
And against all odds, like the sun and moon
We exist and blossom side by side
When I say I love you, I mean it
Because I'm faithful to our love like the moon is
To the sun, never astray.
So here I am, fading into you, hiding with you
And finding comfort like the Eclipse
I look to you and see everything
Your smile covers my heart and your eyes
Is a love with a home
A piece of your love will always exist in me

Whispers of the Heart



Because you are the sun that never ask for anything in return
Like the sun, you are the bane of my existence.

I had hoped we were meant to be together
Our energy was unique, wouldn't you agree?
That kind of bond is rare, doesn't come around too often
See, I felt at home when I was with you
Laughed uncontrollably when I was with you
A genuine connection with you, is one I will never find again
I never believed in soulmates
Until I met you.
I love you.

Whispers of the Heart



He only loved me when I was happy
When I made him feel like a man

Smiling cheek to cheek
Giving all that I am

But when I broke into pieces
Smaller than sand,

He lets me slip through his fingers,
And I'm alone once again.

Whispers of the Heart



I was desperate, I must admit
Needy even, to want more
Desperate to hear his voice for as long as I could
Committing his laughter to my memory
Falling in love with him was easy as breathing
Staying in love, was even easier
Even if he didn't love me back
I burned bright enough for the both of us
I had every intention of being alone
Doors were closed
Heart was shielded
Soul was locked
Nothing or no one diverted my attention
Until that one day in September
I saw him.

Whispers of the Heart



So after all that was said and done
The face I choose to wake up to every day,
Even when it's fifty years down the road
Venturing on to new soundtracks of our lives, is you.
Everything begins and ends with you.
Nurtured by all our days together, I hope our days
Are spent loving each other as I can't love another.
Nothing will ever prepare me for the
Days that I will spend when only you can find me.
After one too many drinks and jokes that make us cry, not a
Single thing in this world could convince me otherwise,
Hoping you will be the last face I see on a cold Sunday
morning
Longing for your body to always be besides me.
Every path will then lead me back to you,
Yet knowing your smile is the reason for my happiness.

Whispers of the Heart



Beneath the world,
And beneath the universe
Then under the stars
We exist as one
Only us in our ballad of silence.

Whispers of the Heart



You called me insane,
I guess I am.
Because insane people repeat the same actions
So I guess I'm insane for loving you.
No.
I'm insane because I broke my own heart,
Choosing to do less, care less, and talk less
Because I was always too much.
So I'm insane for still loving you,
Because a fraction of you was better than nothing at all.

Whispers of the Heart



I put my phone on 'do not disturb'
I didn't care,
But I did so I wouldn't have to jump to my phone like a dog
The minute it rings, hoping it was you.
The version of you I created in my head,
Made me leave a spare key to my heart
Over and over again, you continued to rob me of time
Time waiting on you....
This is how I will always remember you,
The one who fundamentally changed the course of my life
So I found forgiveness in my faults,
Hoping you will not take the rest of my life with you
I was too generous.
Too devoted.
Too obedient.
In the end, you were the thief that stole my heart.

Whispers of the Heart



I wish I never met you
But I did

Now your name has left a stain on my heart

I wish I never stayed this long,
Now I can't undo the happiness you created

It's too late

I wish you never broke my heart,
Only to see my world crashing around me

I can't stop thinking about you

I wish you became better for us
Because I didn't want better, just you

All you've given me, won't go in reverse

I wish you didn't give me glimpse of hope
When you talked of having a family together

Now I'm stuck in a dream

I wish in another universe we loved each other
unconditionally
So we could have the life we dreamed of

But you're just gone...

Whispers of the Heart



You weren't the only one,
In fact you were a surprise
You were something beautiful
In ways that eyes can't see

How I wish the stars would collide
And into your arms I would fall
I adore every conversation we have had
You made me- believe in magic

I crave you, the sweetness of your voice
My heart knows no distance
In harmony, we were joined by the invisible thread
Then ever since then, you made my blood rush

I can't tell the difference of knowing happiness
And just seeing your face
If I close my eyes forever,
I will always choose you

Whispers of the Heart



You hurt me.
I was always afraid of being your dark cloud
And that hurt me even more
We were not perfect
With the tides of my eyes
I still love you despite your flaws
Only difference was that while you hated me,
I loved you.

Whispers of the Heart



With you, 4am is not so lonely anymore
I too see the pain beneath your eyes
And I just want to take you and shield
You from the world if you let me.
You hide it too well,
Trying to find solace in taking charge
Because who else would?
But who will take care of you,
When you're afraid to be loved,
To be heard, and
To be voiced?
Tell me you are tired,
And I'll say me too.
Tired of seeing you broken with your fake smile.
With you, we can go far away together
No longer alone and broken like blue violets.

Whispers of the Heart



How happy it makes me
rolling over in bed in the morning
to see the connection hadn't dropped
I see him with his messy hair and parted lips
Melting and tangling into his sheets
My heart swells by the peacefulness of his sleep
If only i could reach over and kiss him
And lay my head on his heated chest
Will I ever be content.

Whispers of the Heart



Before you, my journey with life had been too unkind
But it was absolutely worth it
Then I met you.
With You, I felt for your soul and
Everything you were
After you, then without you, I am a whole person
With half of a heart

Whispers of the Heart



I realized, that if I was truly the girl he wanted,
Everything would have been easy.
Not perfect...but easy.

-My love

Whispers of the Heart



Ask me to marry, I would say yes
Ask me to carry our child, I would dwell in joy
Ask me to create a home surrounded by four walls, and I
would fly

But... It will only ever be a dream,
A dream of what could have been

I was the one that would lose hours of sleep to talk to you
To think of you, even through my busiest hours

And all I got was loneliness.
I missed you, even though you were still here
In the times of your absence, I hated that all I needed was
you

Today I hate realizing, that I didn't hate you
I just hated myself.

I missed the girl I once was.
The one that was irrevocably in love with you.

My eyes that once sparked with fire,
Are eyes that now see the depth of coldness in an abandoned
forest

You told me to wait, be patient
But that's all I ever did...wait

We wait for another day,
To waste the love I have yet to give.

So I hide my tears, I hold my tongue
Hoping no one will notice how broken I have become.

Whispers of the Heart



You told me you loved me
In ways you didn't.
I took the time to understand how you wanted to be loved
So I can offer more than I have for you.
You don't hurt the people you love, right?
I disregarded the constant lows
Just for temporary waves of happiness
Because I loved you.
You were worthy of everything I had to give
But the lifetime of lows with you,
Was no reason to stay.
You win again.
Without me, you're still fine,
Never to deal with a "burden" no longer.
And for me, I will just wait, hoping,
That there is more for me outside these toxic walls.

Whispers of the Heart



It's not normal for your boyfriend to hate you
That's what I believed.
To be loved, is to be seen and heard
So I held my breath in relief
I chose a path that my future daughter would lead
Then handed someone else the keys to steer
I played the game for you
Only for you to neglect me
How did I become so naive?
I stopped getting excited about our phone calls.
Seeing you became a chore.
Your name no longer sparks a joy
Dates that we never planned, doesn't even cross my mind.
It seemed as though the only thing that could excite me
Is you undressing me
As that was the only time I ever really felt loved.

The lover girl in me has died.

Whispers of the Heart



I loved you, even though you were holding the knife
I justified my scars because I believed you were my bright
light
I think a part of me has died, the one that you killed, or did
I really just killed myself loving you as much as I did?

Whispers of the Heart



Growing up in an angry home,
I fought so hard to become gentle in the midst of it
Then I wonder if that anger still resided in me
It did.
When my heart shattered into a million pieces
Holding my bleeding heart together,
The anger overfilled my cup.
Angry not because you hurt me,
But because hurting me didn't hurt you.

-Always a bright light never a dull kind of love

Whispers of the Heart



He was the one that made me forget about yesterday
And dreamed about tomorrow

So now I am stuck in this lingo of the war of hearts

One of the worst mistakes I made,
Was waiting for him to grow up,

So much time wasted.

I was liked
Not valued, nor adored.

There was a difference.

Whispers of the Heart



I thought we were soul tied,
Destined for a lifetime
Always with you,
But never with you.

What if...we just let go?

I would have to let you go, but I hope one day I will hold you
again

You would have to let me go, because you were slowly fading
away

I hate that I still love you after everything you have done to
me,

Even after you took me apart, still craving your cold glare

We may never look back again, so

What if...we just let go?

Whispers of the Heart



I was relieved that I was finally
Someone's favorite person
Only to find out
He only chose me and
Kept me around
Because he could not have his first choice.

Whispers of the Heart



He was my breath of fresh air
The one that made me looked forward
To playfighting in the kitchen
As our children watched how in love their parents were
He was the light that opened my heart
Leading us both to the peak of the mountains
He was like a cup of coffee
That kept me awake, looking unto the horizon
Watching the sparrows do their dive of death
He was the warm summer rain
That made me touched my mind, body and soul
The one for whom I would burn the world for.

-I love you

Whispers of the Heart



Once upon a time I loved him
His beauty. His ambition. His intelligence
The flowers he had given me for the first time
And the gentle kisses on my shoulder when he made his
release

But once upon a time ago.
Was a very long time ago
Now seeing his face after a long day,
All I felt was a dark, dull ache
In places where love once resided.

Whispers of the Heart



“I would always choose you,” that’s what you used to tell me

But you haven’t chosen me, not in a very long time

Time and time again, you have proven that I am not a
priority

If it was between everyone else, and everything else,

With a sad smile, I will ask, “Would you still choose me?”

Whispers of the Heart



I have to let you go
Not because you were not meant for me
But I was not meant for you
I was just the test trial
Until the one the that was meant for you came along
I just had accept that
You are everyone I love, everything I love
And infinitely more
So to love you, means to set you free

This isn't me giving up on you
Because this version of love is never wasted
We were never wrong until we were
I will love you more than my very own heartbreak
I will choose love for the both of us
I still love you, always have, always will

You still existing, breathing, alive and living
Will always be good enough for me
It will suffice more than talking to you everyday
And more than my need to see you,
As long you are okay, and feel whole again
I don't want you to worry about me

Letting you go scares me,
It's like losing the best parts of myself.
I will spread the shattered parts of me
Hoping one day, I find a love that matches ours.

Whispers of the Heart



In the end, it didn't matter
If I stayed or left
It was about how much I held on
Because I fell in love with the image I created,
The version of him that never existed.

Whispers of the Heart



Loving you was a losing game
I wanted everything
And I settled for nothing
But in the end, that's okay
He wanted to be loved
With no intention of loving
So I had to be brave and
Do it for the both of us.

Whispers of the Heart



I knew I was in love with you,
When I realized a small part of me deserved you.

Then I was never quiet, not anymore
But then I talked too much, and you weren't listening

I just nodded and accepted
Never talking back, but my voice is shaking

Trying hard to hide how you make me feel
I hurt you back, I must admit even though it hurts me the
most

You wanted me to be your happy girl
Now I'm just your angry little girl

Never myself, never happy

I became too scared, still am

Never good enough, not perfect enough

I rather face the consequences,
Choosing to live without you

Being brave is no longer enough,
If I close my eyes forever, will I then finally be enough?

Whispers of the Heart



Then... I met someone
He was the right person.
My person.
He never did anything to jeopardize us
He never left me in the cold air
I was never left wondering where I stood
Never left guessing when they say "I love you"
If it's true.
My person, the right person.
So I didn't question my worth
Never having to figure out where I fit in the puzzle
He just knew
And so did I
And he made sure of that

Whispers of the Heart



I love you, but you don't want to be with me

I love you, but you didn't give me what I needed

I love you, but I knew I deserved better

I love you but you always needed to be away from me

If the whole world was against you, against us,
I know you wouldn't love me enough to fight for us

You just don't love me enough
To change and compromise for me

You just don't love me enough
To be the better man for me

You simply do not love *me*.

"But you had the key to unlock something in me"
"Everything becomes beautiful around me, when you exist."

Because simply, I love *you*.

Whispers of the Heart



Hurt me a million times
And I will still stand besides you
Make me sad and cry a thousand times
And I will still lay my life down for you
Push me away a hundred times
And I will still be here whenever you need me

Let me kiss you in the pouring rain
Remembering all calamity
Just know My loyalty will be with you
In this lifetime and the next

Whispers of the Heart



When you tell me you're sorry
Will you know of the river you created with my tears?
The tears that were shed for you,
Falling from my cheeks after
Asking myself the same question for the thousandth time
"Does he love me?"
See, we're like two roses that thrive in pain
Showing each other what real love is not
Growing away from each other and into ourselves
While leaving a trail of havoc behind us.

Whispers of the Heart



I have to say I love you first
Just so I hear it back
You walk away after making love
Waiting for you connect your hands with mine
You eat alone,
Never asking if I was hungry

I lie to myself and say that everything is okay
All so you can stay
I know now that trying to stay with the wrong person
I had less time with the right one

The more I loved you and the closer I got
You moved further away
Trying to pull you back, but you tore yourself away

I just loved you enough
To believe you were my other half

Maybe you were, but you weren't meant to be mine.

Whispers of the Heart



With every moment I had left in this world
My only intention was to only love you

Your touch, your voice
Will always shed light, even in utter darkness

I will find my way to you,
Recognizing you in every lifetime

It was no coincidence that we met
We were always destined to meet for an eternal love

To love and protect each other
To show up even at our worst

We continue to compromise and never give up
Saving each other with the will to live

A bond that is unbreakable

Because all that we had was...each other.

Whispers of the Heart



Our relationship was short lived
But the heartbreak will stay with me
Haunting my remaining days
He's all glued back together like nothing happened
But now I become a walking Skeleton
Like a dead soul,
All because I love him.

Whispers of the Heart



We rip out so much of ourselves for the people we love,
And we are left with so much less to offer
When we try to love someone new.
We make ourselves feel nothing
Just to not feel anything
We gave our soul's energy
Invest our time,
Only to receive nothing in return
In the memory of who they once was
We continue to mourn the living.

Whispers of the Heart



I wanted you for so long
I craved your time and attention so badly
But after all the begging and lonely nights
 Being by your side,
 I now only want me
Being alone now doesn't seem so bad.

Whispers of the Heart



Lately I have become acquainted with pain
The aching pain, being hurt by him repeatedly
But then I finally breathe when he pulls me in closer
Only then does the pain disappear
What a lie.

Loving him through better or worse
Even if the world just freezes,
And the rain keeps falling.
Loving him until I had nothing left
Seemed like the only right thing I ever did
Because to love him means heart ache
But to not love him, means excruciating pain.
I chose him.

Whispers of the Heart



To love him
Meant killing parts of myself
I will never get back

But in return, I have him
Losing my innocence, and compassion
Made me unlovable to myself but him

Thinking of all the ways we could be different
Always in a constant state of surviving
We were only ever killed by our rage

He might make my cry
But without him feels so wrong
What's love without a bit of pain...

Whispers of the Heart



You are the keeper of my love
Whatever wall stands between us
Just know I will always be on the other side
I love you above and beyond myself
As All my love belongs to you.

Whispers of the Heart



Him, him

God he was perfect

So perfect I could spend the rest of my life memorizing

Him, him

His taste will forever linger on my lips

Whispers of the Heart



He was handsome
But not like the actors you see on screen
With the dreamy eyes
He was handsome for the way he thought
He was handsome for the sparkles in his eyes
When he spoke with passion about something he loved
He was handsome for his ability to make me smile
Even when he faced his own demons
No, he wasn't handsome for something temporary as his
looks
He was handsome deep down to the core of his soul
He is handsome.

Whispers of the Heart



He made my body battle with pleasure
Just by the touch of his hand.
As his tongue reaches for me
Seeking and searching for the holiness,
As if speaking in another language,
Only then do our bodies make sweet melodies.
He taunts me with his kisses,
Then a fire starts from within.
The only time he lets me win, is when he
Undresses with my his eyes
Until there is nothing left for me to hide.
The only time the storms aren't colliding,
And fireworks explode,
Is when I make my release
Getting lost in the way he tasted,
His pleasure became mine,
Leaving behind a trail of me on his skin.
Finally I beg for more.
Love me until there is no more love to give.

Whispers of the Heart



I waited for a sign
Always waiting.
I'm in denial of the truth
Entertaining his abuse.
The bruises and the scars
Are now etched on my soul

He hurt my heart,
Incapable of falling for me.
I thought it was cool to play with fire.
So now I'm tired of being stuck.
As I stare into the moon,
My heart felt too heavy
The stars no longer envied me
I tried to be the light that shines through darkness
Full of light in the dead of the night

I wish I could erase a summer of mistakes
And fill the bed of loneliness
My heart became tired of breaking
So I just grew tired of missing you.
But why would I miss someone
Who destroyed the joy in my heart?

Whispers of the Heart



She betrayed her mind, noticing it all
But still being blind.

It became too much for her heart
And now she lives with it.

She keeps it hidden in silence
Playing a losing game with her heart.

She is ready to let go
Yet says nothing.

She then turned to liquor
And the high wasn't so bad

In a way, it complemented her grief
In a temporary sort of way.

Trying to drown her demons
And searching for a cure,

She only lost more of herself
Trying to save her soul, from the pits of her depression.

This was her version of hell

Whispers of the Heart



You didn't fight for her
While she still gave a fuck

Now she no longer fights
Because you no longer gave a fuck

-The epitome of letting go

Whispers of the Heart



He hid her away from
The rest of the world
All so she could be isolated.
Now she looks back in time
And remembered how she felt.
The times she sobbed in her bed
Screaming in silence
Just begging for the pain to stop
Begging for *him* to stop.
The times he stood in front of her
Screaming his degrading comments
She just sat there and took it

Who was she?

She used to be fire
Powerful enough to burn you
Soft enough to warm you
Hot enough to illuminate you

But her fire slowly diminish

All Because she loved him.

Whispers of the Heart



From his mind
To his heart
He was loved.

-Always and Forever

Whispers of the Heart



Someone once said “To love someone,
Is to attend a thousand funerals, of the person
They once were”

It’s true.

We fall for the versions of someone
That we create in our minds.

We fall for their potential
The one we choose to fight our battles with.
Only then we not only love because,
But we love despite.

Whispers of the Heart



I realized that evil things travel in light
But then heaven feels real when you're next to me

All you can do is plant kisses on my heart
And watch as my garden flourish again

Be gentle with my heart
And you'll notice how my love sets you free

In a world of destruction, you were my perfect distraction
But now in the corners of my heart,

I fear I could never love again.
Now I hold my madness like a flower.

Love me or hate me, you're the music that I appreciated.
You're the story I needed to read.

Whispers of the Heart



Beneath the chill in my soul,
I was only willing to be loved.
Even when my heart trembled like earthquakes
As I fell in love with the lies, I only wanted him
And if I'm being honest,
He was the type of chaos
I wanted in my life.

Whispers of the Heart



She was still trying to recover
Still trying to move forward
But struggled to rebuild who loves her
She fought to put the distance
With the things in the past that hurt her.
But never in a million years would
She ever thought that home would be
A better place for her to heal,
Home would be finding
Love and clarity in a person.
Home was *him*.

Whispers of the Heart



She didn't know how to hate
She could never hate him.
She had to allow herself to feel the pain.
She knew the hate was too heavy, so
She had to let go and accept

She didn't know how long
She could do this little dance with him.
She pretended to be casual, when he was all
She could ever think about

She still checked her phone about 10 times
She expected that at least one would be from him
She only imagined, so the hurt would only linger

She wondered if he was busy but
She knew he was playing the same game back

-her heart knew no hate

Whispers of the Heart



To love me is both a blessing and a curse
You would never have to worry about me ever leaving
The blessing is knowing you will always have me
The curse is knowing that I will stay in your life
Even if you leave mine

You will forever live in my heart and mind
That's the blessing and the curse of
The whispers of my heart

- *Asha*

Whispers of the Heart



Do I deserve love?

I want to be loved properly....
Not half heartedly

Not in bits when it suits them
I want to be loved fully

I want to be held in a way
No one has held me before

With safety and security
Knowing that they got me in every which way
I want arms around my shoulder
When we are in public

I want you to look me in my eyes
And tell me you love me on a daily basis

I want us to experience new things
Without you complaining that you find them odd

I want to know you got me when I'm sad
Instead of you hiding away with no care at all

I want to be loved at full capacity

I don't think I have been loved like this

I would like that very muchmaybe just *one day*

Whispers of the Heart



Walk away I plead with you,
Him being who he is,
Is punishment enough,
Don't you agree?

Whispers of the Heart



How bad did it hurt?

Well she remembered that way
He rubbed his thumb against her cheek
While her eyes were full of discomfort and strange pity,
She vowed that she would never hurt him
She thought about those moments a lot
And wondered if she knew what knew back then
Would she still bleed for him?
He left the biggest scar of all.
For him, she bled the most.

Whispers of the Heart



You were slowly losing me.
Everytime I looked at you,
I couldn't help but love you a little less
When you kissed me,
I hated the way you kissed me with less passion
And more lust
I do wonder how you are,
But I don't dwell on the fact that I will no longer know
I don't get that clarity of butterflies
When I look at you anymore
I stopped wondering if you still loved me.
I learned to live without you, while you drifted away from
me
But then I began to fade away, just like my love did
Maybe this was better,
Letting you lose me, would only make you happier.
I grew tired of tasting your rejection in my blood.
That was my *sacrifice*.

Whispers of the Heart



You can't teach someone to love you
They are just not equipped to treat you the way you deserve
Some people don't have the emotional capacity to.
This leads to incompatibility.
Incompatibility leads to forcing something that will never
exist
You just don't fit.

You can show that you care and forgive them a million times
But you will kill yourself for someone
Who genuinely doesn't care.
You will get mad and frustrated
Because of their inconsistencies.
And it will only leave you feeling confused.

You will be disappointed in yourself
For holding on too tightly
As they continue to humiliate and break your heart apart
Only then, what is left?
You will give up control, for whatever peace he can give.
Only to realize that his happiness was never yours to hold.

Whispers of the Heart



My life began when I fell for you
Deep down I knew,
In order for me to continue living,
I had to continue loving you,
Even though you were breaking my heart.

I found it terribly difficult,
To walk away from someone,
Who I was still in love with.
The love we had, was a love that wasn't a love
It was the most destructive love to exist.

In the process we both lost ourselves,
Loving each other, and not being loved in return.
No matter what I did, no matter how hard I tried
My efforts were never going to be enough.
Loving you harder, would never make you love me more.

In the end, we became pieces of paper,
That eventually ran out of space for each other.

-my yellow

Whispers of the Heart



You let me down....

You gave up on me...

I battled this fight alone
In my sea of loneliness

I was fighting a war for someone
Who wouldn't even fight a battle for me

He still had yet to fight for me
While I was reaching for the hand that refused to reach back.

Whispers of the Heart



*I'm tired. Just tired. Tired of holding on to something that no longer deserves my energy. I'm tired of watching myself love someone who will never love me back. I have become blinded by my eagerness. All for someone who is barely here, someone that barely exists. He chose himself. He will always choose him. Even with fireflies in his eyes that guide me through darkness, I am forced to sleep, even if it means dreaming of a perfect us. We were like poison sitting in a glass bottle. Then when the world goes silent,
My heart continues to swell with sadness.*

Whispers of the Heart



“I’ll never be the same again.”

I said to myself,

As a sobbed on my cold bedroom floor
After leaving your house for the last time.

That day I left pieces of my heart with you

My heart continues to ache
Because there was no heart left in me.

I think I hate myself more than I hate you,
For loving you more than I could ever love another soul.

I always knew one day you would leave me...

Whispers of the Heart



If all you will ever have is yourself,
Then so be it.
In fact, that is enough.
There will be nights where your sadness will overrun
And the storm will try to drown you,
But you will survive.
Hold your own hand,
And grow because of it.
As the darkness drapes over you in hiding
And it becomes harder for you to run,
Fight for the light you crave.
Emerge from the darkness,
Like a wolf filled with lightning .
Don't be captive to your mind and heart,
Because there will always be something beautiful
In a girl with a broken smile.

You will survive, you already have...

Whispers of the Heart



Loving him, was like taking a cracked canvas
And painting over it in an attempt
To make something beautiful.

In the end I couldn't be who I was,
Because for a while,
I was nothing if he wasn't mine.
Just merely running barefoot through the flames.

Whispers of the Heart



Even before you touched me,
I belonged to you
You only had to look at me,
And I was yours for a lifetime.

-peonies

Whispers of the Heart



“What is love?”

Love was the embodiment of him.
The man who nurtured me back to life.
The one whom my heart craved for,
And care for without condition
The man who looked at me with gentle,
Sparkling eyes and the one who constantly
Smiles at me with admiration and certainty.
Love was the definition of safe and warm and easy,
The one who made love worth it.

Love was *him*.

Whispers of the Heart



I'm not sure,
This is what I wanted after all

I looked in the mirror
My reflection stared back at me
And focused on the *what ifs*
And the *what could have beens*
Only to realize they were fragments
Of the dignity I had left.
Irony isn't it?
The woman you ignored,
Became my favorite melody.

Whispers of the Heart



I had to hold my own hand
And led myself toward
The love I deserved.

I was the fingerprint for strength...

Whispers of the Heart



Was the end necessary?

She knew it was.

She understood that it will hurt in the beginning

But it will be worth it.

She will be everything to the right person,

Even to herself.

The end made her bloom beautifully.

Whispers of the Heart



My love...
What you have done
Is not who you are.
It had nothing to do with what you mean to me.

Who you were before me
Never stopped me from loving you
You have evolved beautifully.

I told you, you were not your mistakes
You were never brokenness
You were heaven in which I fell into

You were more than just a boy
Who only knew pain.
You were someone who saved me

Hand in hand
Heart to heart
Our souls will always be entwined.

S.P

Whispers of the Heart



Our mental battles seemed to take a backseat
Whenever we were together
Smiling cheek to cheek.

Take me to *riverside*, and I will tell you,
“In every drop of my blood, with each breath I take,
My whole being yearns for you,
Like a wild ocean that only calms, whenever you are with
me,
Without you, I have never felt such emptiness.”

Please remember that
Your smile will forever dance like stars
As I search for you, across the universe
Like *paper trails*.

Whispers of the Heart



I sat there on the edge of everything
And what I saw, made me mourn the person
I once was.
The person I will never see again.
Maybe in another life, I would have been better at living,
Heartbreak found me too early,
As all I ever did was try to prove myself worthy.
My color has faded, so
Where did it all go wrong?
Everyday has become a battle,
Fighting the darkness that is consuming me.
Was it all worth it?

Whispers of the Heart



Destiny is so cruel
Destined to love each other
Destined to hurt each other

When I saw him cry like a little child
It killed me inside.
I knew then that I would trade his pain
All so I can hold his darkness
While he became the light that was meant to shine.

The scale finally balanced in our favor.

Whispers of the Heart



Letting go is hard
But the day that I finally look in the mirror
And look at the scars from the blade
While not hating myself for them,
Will I then love myself for the reason they are there.

Whispers of the Heart



All in all,
I wanted the love you offered,
But it wasn't what I deserved.

I wanted to be vulnerable with you,
Without worrying about being hurt because of it.

I trusted you without a doubt as
We found a version of love that was built on friendship.

I was at war with my own heart,
Realizing that the ending would eventually tear me apart.

Whispers of the Heart



Anger planted and built
In someone with a good heart
Becomes a dangerous thing

Especially when it's someone
Who would do and be anything for you.

Whispers of the Heart



He loved me when it was convenient
So he left me,
Over and over again.
And slowly I loved him until I didn't.
Love no longer had weight or meaning.
I have been failed one too many times,
I just never thought he would fail me too.

Whispers of the Heart



He loved how scared and naive I was
As he saw my eyes filled with tears
He loved watching me begging him to stop

When he apologized,
I thought he was being sincere.
Did he really ever apologize?
I thought his words held meaning

But in the end,
He couldn't have cared less

Whispers of the Heart



Don't blame me,
But I think my attachment is starting wear off

Every time you took a step back,
I took three more steps back.

Being angry with you became tiring
Even when your mistakes didn't bother me enough

But when I mentioned it to you
Ignoring me became easier for you

I loved you enough
To hate myself to allow this treatment forever.

I sacrificed myself for someone
Who just wanted me to grin and bear it

I ran myself into the ground,
Believing my love would take his anger away.

I loved someone enough
Someone that did not want to be saved.

Whispers of the Heart



I have made peace with heartbreak

I let it kiss me on my forehead,
Then tucking myself into bed just so time doesn't feel hollow
I wake up and it is still there waiting
Now I face it once again.

Heartbreak holds my hand
As I walk the streets to work
And taste it on my tongue
With everything I could manage to eat

I don't ignore it anymore
I let it consume me
Our heartbreak wins this war,
Hoping tomorrow will be the last.

That way, I get to see you again,
Or just knowing you had once existed in my life.

Whispers of the Heart



Love is not perfect
I accepted the roller coasters of highs and lows
But afraid of never knowing which version of you I would
get each day.

Love was calm for us, even on our stormy day
It became easier, forming naturally
Like a soft breeze in the aftermath of a hurricane
But like a river, there was constant shifts
Leading to damaging floods and terrible droughts.

But how is it possible that I still admire you?
You are still a melody that makes my heart sing
And even cry,
You're like a rhythm that pulses through my veins
A symphony that erases all pains.

Into my own daze, and the depth of my nightmares
Every curve of you had a story to be told like a drawing.
In our love we built a sanctuary in which we escape a chaise
of fate.

Whispers of the Heart



I wish I could I say I survived
But I'm barely holding onto life

I haven't cried in a while.
I can't cry unless I clumsily hurt myself physically

My heart is destroyed you see
The girl that loved fiercely has gone

So I smile and nod, looking for pieces of who I once was,
Wondering what does it mean now to be alive?

Whispers of the Heart



I remembered the aftermath,

I hated the things I did
Every lips I kissed
Just to try to fill the hole you left in my heart

I regret forgetting the good in me
After you created hole after every word you spoke

I regret extinguishing that fire, all to heal
But it was the only way I could

Sometimes sleep was never enough
The high was not high enough
I couldn't sit and feel what you put me through

I remembered

I still hate that fact, I could never hate you.

Whispers of the Heart



I have had more insults
Than I had compliments in life
I was made to believe that I could not satisfy everyone
Not even myself.

Maybe I'm the problem
Me being being me is the problem
I could never reach that finish line of being good enough

The slightest flaw was that I loved too hard
But that was too much so they left.

No one can hate me as much as they made me hate myself.

Whispers of the Heart



Just because something isn't perfect
Doesn't make it less worthy of love
Because when I close my eyes I see you
When I open my eyes I want to see you
When you're not around
I feel your presence all around me
Every moment
My eyes search for you
You can call this love, madness or simply my heartbeat
It's all the same for me.
Many people love
But no one can love the way I do
Because no one else has you.

Whispers of the Heart



I was only 7
When I was forced to grow up fast
Ever since, I have been on survival mode
I could not cry to my mother
I could not run to my father
they were non-existent, caught up in their own nightmares.
My wrist became a paper
And pain became a relief
Suddenly I realized my loneliness became my haven
Now I'm 24, still remembering the screams, and the cries
So now I'm avoidant to being vulnerable
That's why I every time you screamed at me
Every time you broke my heart
It dragged me back to when I was 7
You're the only love I ever knew,
Wishing I could let go whenever I was with you
Letting go of the recurring nightmare,
Was the only way I knew how to.

Whispers of the Heart



I had accepted that love was not made for people like us,
Us, that create a version of love
But yet destroy everything pure about it.

-Letting go

Whispers of the Heart



01/08/24

I don't regret loving you.

My only regret was not being able,
To be loved by you.

-Goodbye, I love you.